**Julie Brown (JB):** Good afternoon, this is Julie Brown from Hammersmith and Fulham Council. I'm calling to conduct a social care assessment with you, Martha Brookes. May I have your full name, date of birth, and contact information, please?

**Martha Brookes (MB):** Hello, my name is Martha Brookes, and my date of birth is [Date of Birth]. You can reach me at [Contact Information].

**JB:** Thank you, Martha. Do you have any communication preferences or specific requirements we should be aware of when conducting this assessment?

**MB:** I prefer communication through video calls because I find it easier to lip-read and understand others that way.

**JB:** Thank you for letting us know. Now, let's move on to the questions related to your current living situation. Where do you currently live, Martha?

**MB:** I'm currently living in my own home in Hammersmith and Fulham.

**JB:** How do you feel about your current living situation?

**MB:** I feel quite content in my own home, but I could use a bit more support to make it safer.

**JB:** Understood. Moving on to your health and wellbeing, do you have any health conditions or disabilities that you would like to tell us about?

**MB:** I have asthma and a mild hearing impairment.

**JB:** Are you taking any medications or receiving medical treatments for these conditions?

**MB:** Yes, I use an inhaler for my asthma, and I wear hearing aids for my hearing impairment.

**JB:** How do these conditions affect your daily life and independence?

**MB:** My asthma can make it challenging to perform strenuous activities, and my hearing impairment can sometimes lead to misunderstandings in communication.

**JB:** Thank you for sharing that. Speaking of mobility, can you move around your home safely and independently?

**MB:** Yes, I can move around my home safely and independently.

**JB:** Do you need any mobility aids or adaptations in your home to make it safer or more accessible?

**MB:** At the moment, I don't require any mobility aids or home adaptations.

**JB:** Are there any barriers to accessing the community or local services related to your mobility?

**MB:** No, I can access the community and local services without any issues.

**JB:** How about personal care? Can you carry out tasks like bathing, dressing, and grooming independently?

**MB:** I can manage personal care tasks like bathing, dressing, and grooming independently.

**JB:** Are there any specific cultural or religious preferences related to personal care that we should be aware of?

**MB:** No, I don't have any specific preferences in that regard.

**JB:** Let's talk about household tasks. Are you able to manage tasks like cooking, cleaning, and shopping independently?

**MB:** Yes, I can manage cooking, cleaning, and shopping independently.

**JB:** Do you need any help or adaptations to maintain your home?

**MB:** I don't need assistance with maintaining my home at the moment.

**JB:** Moving on to social and emotional wellbeing, how do you maintain social connections and relationships with family and friends?

**MB:** I maintain social connections through regular phone calls with family and friends, and I enjoy hosting small gatherings at my home.

**JB:** Do you experience any feelings of loneliness or isolation?

**MB:** Not really, I stay connected with loved ones, and I'm quite social.

**JB:** Are there any mental health concerns or emotional support needs we should be aware of?

**MB:** I'm generally in good spirits, and I have a strong support network that keeps me emotionally well.